

North Valley School - Santa Rosa
Class Periods/Bell Schedule
School Year 2023-2024 for RSY and ESY

Middle/High School

1st	08:10-08:55	English	Math
2nd	08:55-09:40	English	Math
Social Skills	09:40-09:55	*	
3rd	09:55-10:40	Social Studies	Science
4th	10:40-11:25	Social Studies	Science
Lunch	11:25-11:45	*	
Social Skills	11:45-12:10	*	
6th	12:10-1:10	Elective/PE	Elective/PE
7th	1:00-2:10	Elective/PE	Elective/PE

Elementary School

1st	08:10-08:55	English
2nd	08:55-09:40	Math
Social Skills	09:40-09:55	*
3rd	09:55-10:40	Social Studies
4th	10:40-11:25	Science
Lunch	11:25-11:45	*
Social Skills	11:45-12:10	*
6th	12:10-1:10	PE / Elective
7th	1:00-2:10	Elective

*Note: Includes related services, recess, breaks and lunch for supervision and instruction on social / emotional goals